



Food & Nutrition Services

In addition to the hot entrees, grab & go deli sandwiches, PB&Js, and salads are available. Two additional specials are offered daily and may include these:

- Chicken Sandwiches
- House Made Pizzas
- Bosco Sticks w/Marinara
- Jumbo Pretzel w/Cheese Hamburgers
- Corn Dogs
- Chicken Tenders

Check your school's menu board for

Choice of fruit, vegetables, and milk offered with all entree options.

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

MENU SUBJECT TO CHANGE

Find Allergen and

Carbohydrate

information at:

<https://www.u-46.org/Page/9190>
Menu Questions?

Contact Christine

Cliff, U-46.org or

(847)888-5000

x5034

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DECEMBER 2022

U-46 MIDDLE & HIGH SCHOOL LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| THAT'S A WRAP 28 CHEESY CHICKEN WRAP OR BEAN & CHEESE BURRITO OR SPICY CHICKEN PATTY HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT | WHICH 'WICH 29 HOT HAM & CHEESE CROISSANT SANDWICH OR TEXAS GRILLED CHEESE NASHVILLE HOT OVEN ROASTED CHICKEN or HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT | PIZZA! PIZZA! 30 MINI CHICKEN CORNDOGS OR BBQ PULLED PORK SANDWICH OR HOUSE MADE PIZZA POTATO WEDGES MILK - JUICE- FRUIT | TASTE OF EAST 1 TERIYAKI BBQ CHICKEN OR ORANGE CHICKEN WITH BROWN RICE OR PIZZA CRUNCHERS OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT | CHICKEN TOSS 2 POPCORN CHICKEN TOPPED WITH CHOICE OF SAUCE OR GARLIC FRENCH BREAD PIZZA OR HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT |
| ALL ABOUT CHEESE 5 GARLIC PARM BOSCO'S WITH MARINARA OR JUMBO PRETZEL WITH CHEESE SAUCE SPICY CHICKEN PATTY HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT | CHICK 'N DIP 6 CHICKEN TENDERS WITH A ROLL OR PIZZA CRUNCHERS OR CHEF'S CHOICE OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT | COMFORT BOWL 7 MASHED POTATOES & GRAVY WITH POPCORN CHICKEN OR GARLIC FRENCH BREAD PIZZA OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT | GET CHILI-AXED 8 BEEF CHILI WITH CHIPS OR MOZZARELLA STICKS WITH MARINARA OR SPICY CHICKEN PATTY or HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT | MAC MY DAY 9 MAC 'N CHEESE WITH CHOICE OF TOPPING OR TURKEY MEATBALL SUB SANDWICH OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT |
| FROM THE GRILL 12 HAMBURGER ON A BUN OR BEAN & CHEESE BURRITO OR SPICY CHICKEN PATTY ON BUN or HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT | FIESTA DAY 13 LOADED NACHOS WITH CHOICE OF MEAT OR TACO SALAD BOWL OR PIZZA CRUNCHERS HOUSE MADE PIZZA CORN & BLACK BEAN MEDLEY MILK - JUICE- FRUIT | GET RIBBED 14 BBQ PULLED PORK OR JUMBO PRETZEL WITH CHEESE SAUCE OR SPICY CHICKEN PATTY OR or HOUSE MADE PIZZA SEASONED POTATOES MILK - JUICE- FRUIT | MANGIA! MANGIA! 15 PASTA & MEATBALLS OR TURKEY MEATBALL SUB OR GARLIC FRENCH BREAD PIZZA OR TURKEY POT ROAST HOUSE MADE PIZZA MASHED POTATOES MILK - JUICE- FRUIT | BRING ON THE HEAT 16 SPICY CHICKEN PATTY SANDWICH OR CHEESE QUESADILLA OR PORK CARNITA & TORTILLAS HOUSE MADE PIZZA CURLY FRIES MILK - JUICE - FRUIT |
| THAT'S A WRAP 19 CHEESY CHICKEN WRAP OR BEAN & CHEESE BURRITO OR SPICY CHICKEN PATTY or HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT | WHICH 'WICH 20 GRILLED HAM & CHEESE OR TEXAS GRILLED CHEESE OR BEEF BURGER ON A BUN HOUSE MADE PIZZA SKINNY POTATOES MILK - JUICE- FRUIT | Holiday Feast LASAGNA ROLL UP WITH GARLIC BREAD OR ROAST TURKEY WITH MASHED POTATOES & GRAVY AND ITALIAN STYLE GREEN BEANS PLUS APPLE/PEAR CRISP WITH WHIPPED TOPPING MILK - JUICE- FRUIT PLUS FUN AND GAMES | | TASTE OF THE EAST 22 TERIYAKI BBQ CHICKEN OR ORANGE CHICKEN WITH BROWN RICE OR SPICY CHICKEN PATTY or HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT |
| <p>1 PNG</p> | | | | |
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| <p><i>Happy Holidays</i></p> | | <p><i>Happy Holidays</i></p> | | |